

News From the Trusts – October 2017

Western and Central Washington

Never Too Early or Too Late For 401(k) Contributions

We strongly encourage members to sign up for 401(k) contributions. This is an important way to increase retirement savings while reducing federal income taxes while still working. As a reminder, members can elect \$1.00/hour up to \$8.00/hour in dollar increments. These contributions are not subject to federal income taxes when the contributions are made and while the account is growing. Applications are available from Carpenters Trusts and online at ctww.org and members can enroll at any time.

Retirement Workshop

A retirement workshop will be held at the Hilton Garden Inn in Yakima on Saturday October 21, 2017. The workshop is in the Rainier Room (in the basement) and begins at 9:00 a.m. and usually ends around 11:00 a.m. Invitations were mailed to members of Eastern Washington/Northern Idaho Carpenters Local 59 but other members who live in the area are more than welcome. Please contact Retirement Services for more information: (800) 552-0635.

Last Health Fair of the Year On October 28

This is a reminder to members and family members who signed up for the October 28 health fair in Kent, WA. These health fairs are a convenient, family-friendly way to stay on top of good health without any out-of-pocket expense. The health fairs are sponsored by the Health Care Cost Management Corporation of Alaska – a coalition of 46 independent health plans across Alaska and the Pacific Northwest, including the Carpenters Health and Security Plan of Western Washington. The following screenings and tests are available to anyone age 18 and older who is covered by the plan. There is no cost to you for these screenings and tests:

▪ Kidney function	▪ Electrolytes	▪ Heart disease	▪ Prostate screen
▪ Liver enzymes	▪ Diabetes	▪ Thyroid screen	

A no-cost flu shot is also available to those who attend a health fair. Pre-registration is not required for a flu shot.

Health Fair
Saturday, October 28, 2017
8 a.m. – 12 noon
IBEW Local 46 Electrician's Hall
19802 62nd Avenue S
Kent, WA

Quarterly Benefit Statements

Look for the 3Q2017 benefit statement before the end of the month. This statement will show work history received by Carpenters Trusts through September 2017. We ask that members compare the information on their benefit statement with their paycheck stubs. As always, please let Carpenters Trusts know if there is a discrepancy so we can get it fixed.